

Sacred Motion Workshop



Belly Dance Instructor, Jen Neudorf, and Shaman, Trent Deerhorn, bring to you this amazing opportunity. This workshop for both men and women will facilitate expression through dance, how to dance the elements, how to work with the chakras through dance, and how to create trance for journeying.

The evening session will include Sacred Dancing with a Drum Circle.
Snacks will be provided.

This is an introductory workshop that will prepare participants for future Ritual Dance and Trance Dance workshops.



Location: Albert Community Centre
2nd Floor Auditorium
Date: April 16th 2011

Time: 10:00am-9:00pm with lunch
and supper breaks.

Tuition: \$210 (GST included)
**Early Bird Discount of 10% if registered
in full by March 25th!**



Registration Deadline (paid in full): April 2nd 2011

Participants are asked to bring: bag lunch, comfortable clothing, small notebook, pen, water bottle, scarf for blindfold, Enthusiasm and an Open Heart.

Payment options: Cash, Visa, Master Card, Debit

To Register, contact *Trent* at (306) 978-5300 or deerhorn@sasktel.net

